

27-29 April
2023
Zurich

3rd European Symposium on Ambulatory Anesthesia & Analgesia



- **24 credit points by SSAPM (Swiss Society for Anaesthesiology and Perioperative Medicine)**
- Would you like to be part of discussions that aim on bringing improvement in Ambulatory Anesthesia by anesthesiologists and surgeons of different specialities?
- Are you interested in new and interactive pain therapies?

TOGETHER WITH



We are glad to inform you that this event, as the previous ones, is organised in cooperation with the **American Society for Ambulatory Anesthesia (SAMBA)**, and we will be happy to host some of its prominent speakers in our scientific program.

Our aim for 2023 is to present an insight into new and interactive forms of perioperative pain therapy, to promote interdisciplinary views for bettering teamwork, and of course, to improve the quality and safety in patients' approach & treatment.

The three-day program includes multi-professional joint panels, workshops, plenary lectures & lunch symposia, as well as new & interactive pain therapies.

The meeting is also planned to be endorsed again by the European **Society of Anaesthesiology and Intensive Care (ESAIC)**, the **International Association for Ambulatory Surgery (IAAS)**, and further Anesthesiology societies.

We are looking forward to welcoming you at the symposium in April 2023!



Contact us:

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📍 AAA Symposium, Täferenstrasse 16, 5405 Baden, Switzerland

Location:

 Renaissance Zurich Tower Hotel

 Turbinenstrasse 20, 8005 Zürich Switzerland

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Register now and guarantee your tickets today!

*For group reservations and other professions, please email us: info@aaa-symposium.com

3-day ticket

Early bird 680.00 CHF

Physicians

Regular 780.00 CHF

3-day ticket

Early bird 600.00 CHF

Low income country participants

Regular 650.00 CHF

3-day ticket

Early bird 600.00 CHF

Nurses/Students

CHFRegular 650.00 CHF

Submit your information in the form below or sign up for the event directly through our webpage: www.aaa-symposium.com

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3RD EUROPEAN SYMPOSIUM ON AMBULATORY ANESTHESIA & ANALGESIA



TOGETHER WITH



AAA2023
ZURICH
27-29 APRIL
2023

**24 CP SSAPM
(Swiss Society for
Anesthesiology &
Perioperative Medicine)**

Special Topics in 2023:

- Big panel on new & interactive pain therapies in the ambulatory setting: dialogues and decisions - complementary therapy or alternative to surgery?
- Exchange of views on anesthesiology with different surgical specialties
- What we can learn from the COVID-19 pandemic: new therapy approaches, sociopolitical aspects
- Technological advancements and consequences of the pandemic guiding the process of the preoperative evaluation

Main lectures and workshop topics:

- perioperative evaluation and management
- advancement of diagnostic and therapeutic technologies
- regional anesthesia, robotics and innovative methods

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The symposium is aimed towards all individuals already working or considering working in day-care surgery, and those who want to complete in and direct their education towards the interesting field of ambulatory anesthesia/surgery.

In which direction is our specialty developing these days? Ambulatory Anesthesia, Analgesia and sedation became part of our daily activity many years ago. It became possible to operate on patients who need enhanced anesthesiologic care in doctor's offices and day hospitals, and not in the classical big hospitals' operating rooms. Up to 70% of minimally invasive surgery procedures, or same-day surgery are fit to be performed this way, and the percentage is continuously increasing. All these procedures have different names, but are the same. The length of the surgical procedure is not important anymore, operations up to four hours can be performed in an ambulatory setting. **The development of new, less invasive and more tolerable techniques encourage this shift.** This is why ambulatory anesthesia creates a relatively new reality, in which sharing new experience and data is obviously needed more than any time in the past.

In this new environment, procedures can be performed safely, with practically no risks of complications. **Patients benefit** from less stressful interventions with less bureaucracy. They are discharged home in a stable mental & physical condition, which benefits their recovery time. An important motivator for the development of this trend is economical: the usually high cost of hospitalization can be reduced. The lowered risk of hospital-associated infections with its consequential costs further contributes to this. **Furthermore, for the medical personnel,** self-employment and a **good work-life-balance** contribute to the attractiveness of this work field.

This reality created the need for discussions about how to deal with the daily challenges of such a special medical facility. The Zurich initiative, started in 2017, produced a **unique framework**, in which specialists from all over the world brought their own expertise in the domain - Ambulatory Anesthesia and Analgesia (AAA) - to a large audience.

These scientific events had a clear impact on understanding the way to make surgery in an ambulatory setup possible and successful. We also came to the conclusion that even very old patients, or those who suffer from chronic but stable diseases, are still fit candidates for ambulatory surgery and anesthesia.

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During the first two symposia we discussed the various organisational aspects of ambulatory anesthesia and emphasised the fact that its requirements are as complex as for in-hospital procedures: up to date equipment, various anesthesia techniques, well equipped recovery rooms, as well as clear guidelines for discharging the patient home. Today, we also understand the importance of teamwork in the operating rooms, an absolute necessity for assuring the patient's safety, and a favourable and uncomplicated outcome of surgery.

To sum up, we realised that the combination of high knowledge, utmost modern medical and technical advances, together with the encouragement for interdisciplinary interaction and an empathic work environment is the key to ensure the highest quality of service, as well as patient safety. This is why, in this 3rd symposium, we decided that the next logical step is to emphasise even further the interdisciplinary cooperation. **We will include discussions in collaboration with our colleagues, the surgeons and others.** In every panel, we will have a surgeon or other specialists, who will bring in their point of view on the way things are to be done in order to assure the wellbeing of the patient, as well as a successful treatment. **We do expect that - in spite of controversies and different ideas - this will lead to better communication and understanding and therefore to better teamwork. We hope to reach a win-win situation with joint conclusions, new directions and rules for the benefit of everyone involved.**

Pain therapy is another very big and important field of work for ambulatory anesthesia and analgesia these days. A dedicated panel will show different new therapies and technical advancements, together with the precious experience of our pain specialists.

A third theme will give us a retrospective view on the Covid pandemic which confronted almost every aspect of society with new challenges, to prepare us for today and in the future. Lectures will be dedicated to technological advancement, medicine, economy, insurance, education, politics, leisure, psychology, and so on.

We are confident that this third AAA conference will contribute to a better understanding and perspective on the particularities of ambulatory surgery and anesthesia, and once back home, each of us will feel that the congress positively contributed to the success of our daily activities in general and in the ambulatory surgery setup in particular.

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This event, as the previous ones, is organised in cooperation with the American Society for Ambulatory Anaesthesia (SAMBA) and we will be happy to host some of its prominent speakers in our scientific program. Thanks to their profound knowledge the program will cover the most relevant topics of day-care surgery and almost all practical anesthetic procedures and problems.



The meeting is also planned to be endorsed again by The European Society of Anaesthesiology and Intensive Care (ESAIC), the International Association for Ambulatory Surgery (IAAS), and further Anaesthesiology societies. We are looking forward to welcoming you at the symposium in April 2023!



Participation will grant attendees 24 credit points by SSAPM (Swiss Society for Anesthesiology & Perioperative Medicine).

Find our program, register, and sign up for our newsletter at www.aaa-symposium.com or reach us at info@aaa-symposium.com

